

## Supplies

A sketchbook with black and grey marker pens for value sketches.

Pochade box with lightweight camera tripod

Paper towels

Painting apron

A viewfinder and tonal value scale

Palette knife and silicone painting tools if you have them

A pair of scissors for paper

A large sheet of good quality cartridge paper or thin card

Low odour solvent such as Gamsol

Jar of walnut or linseed oil or painting medium – make your own with a mix of 50/50 linseed oil and turps or try Michael Harding oil paint medium

**Painting panels** – any well primed boards are fine, such as MDF panels with several coats of acrylic ‘gesso’ primer. The Michael Harding non absorbent acrylic primer works well.

My preference is for an oil primed linen canvas mounted to board, or you can make similar with a muslin cloth and acrylic primer (see my Instagram story highlight on panel prep)

Size wise think small and fast, recommended sizes such as 8” x 10”, 9” x 12”, 10” x 10”, 12” x 14”

I suggest pre-tinting the boards beforehand so that they are not stark white, but more of a light to mid-tone warm grey. A tiny amount of burnt sienna and ultramarine mixed in with plenty of turps and rubbed all over will give you a pleasant light grey which will have a warm or cool bias depending on your mix. Or for a faster drying alternative mix acrylic paint colours with your acrylic primer to a suitable tint (you can’t do this if your surface is oil primed of course).

**Brushes** - A range of sizes but mostly flat and filbert shapes, plus a small round or two in nylon or sable. I particularly like to use Rosemary brushes’ Ivory or Eclipse ranges. I do have an economical ten brush long handled set available from Rosemary & Co. If you put my name into the search box on the Rosemary & Co website you should find it ok.

[https://www.rosemaryandco.com/gift-sets/haidee-jo-summers-plein-air-set?filter\\_name=haidee-jo%20summers](https://www.rosemaryandco.com/gift-sets/haidee-jo-summers-plein-air-set?filter_name=haidee-jo%20summers)

**Oil paints** – I use Michael Harding colours but by no means do you have to go out and buy the exact same colours and brand, just bring your nearest equivalent.

Titanium white

Cadmium lemon yellow or bright yellow lake

Cadmium yellow deep or Indian yellow

Cadmium red

Kings blue deep

Alizarin crimson

Phthalo blue lake

Phthalo green lake or viridian

Green gold

Ultramarine blue

Transparent red oxide (or burnt sienna)

Raw sienna and raw umber

Lamp black